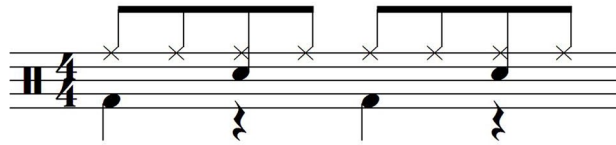


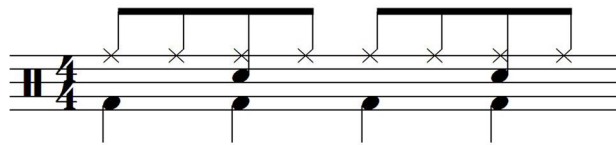
# DRUM SET ESSENTIALS: 8 ESSENTIAL GROOVES

BY ERIK HOLMES

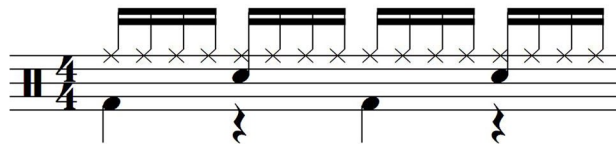
1. 8TH NOTE ROCK



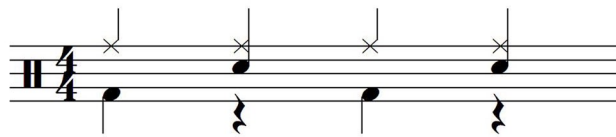
2. FOUR ON THE FLOOR



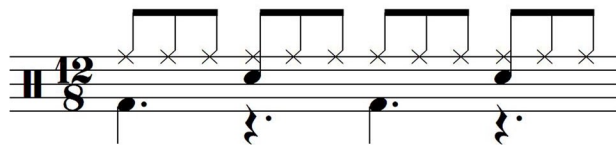
3. 16TH NOTE ROCK



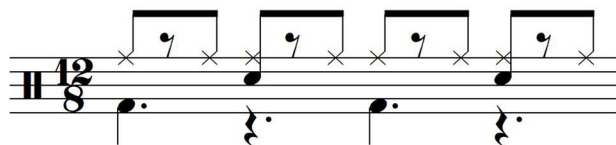
4. TWO-BEAT



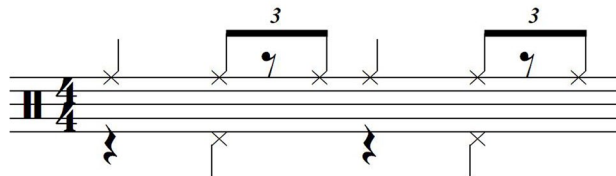
5. 12/8 ROCK



6. SHUFFLE



7. SWING



8. "BIG BAND" SWING

