

RUDIMENT RUNDOWN: SINGLE STROKE ROLLS

BY ERIK HOLMES

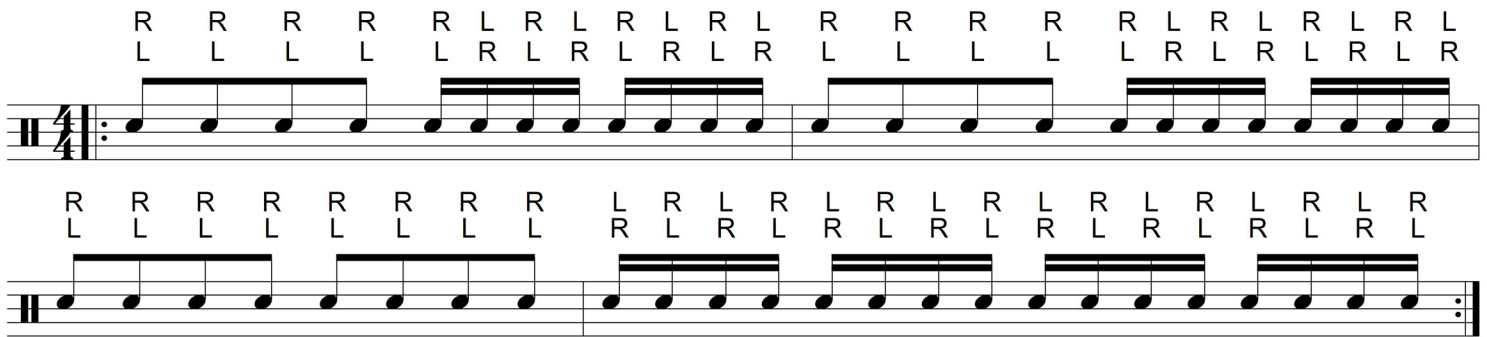
#1 - SINGLE STROKE 16THS

BRONZE					SILVER					GOLD					PLATINUM					TITANIUM				
30	35	40	45	50	55	60	65	70	75	80	85	90	95	100	105	110	115	120	125	130	135	140	145	150



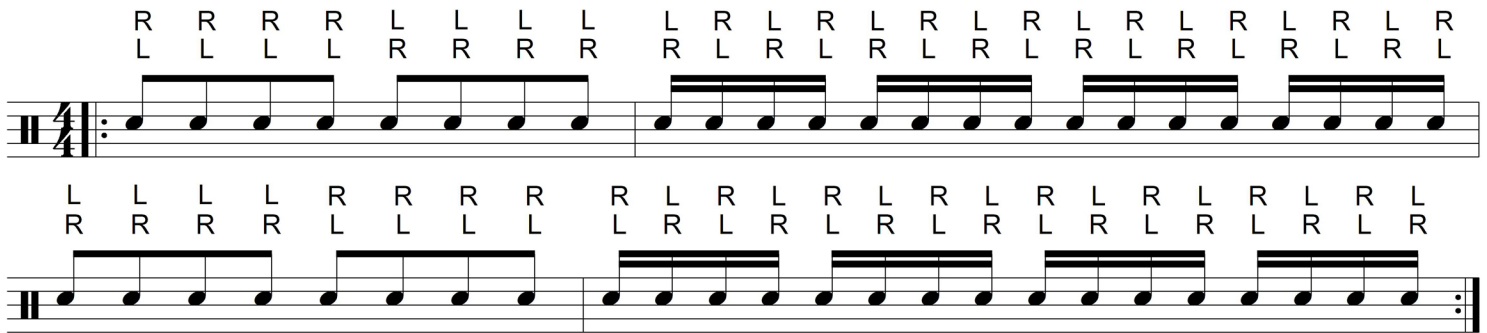
#2- 8THS & 16THS

BRONZE					SILVER					GOLD					PLATINUM					TITANIUM				
30	35	40	45	50	55	60	65	70	75	80	85	90	95	100	105	110	115	120	125	130	135	140	145	150



#3 - MORE 8THS & 16THS

BRONZE					SILVER					GOLD					PLATINUM					TITANIUM				
30	35	40	45	50	55	60	65	70	75	80	85	90	95	100	105	110	115	120	125	130	135	140	145	150



#4 - THE 9-STROKE ROLL



#5 - THE 17-STROKE ROLL

